



ACTIVITIES

- **Healthcare:** Tai Chi, Yuan-Chi Dance, Health Exercises, and Yoga
- **Recreation:** Dancing, Singing, Operas, and Talent Shows
- **Education:** Curriculum including Computer, English, Music, Handcrafting, Drawing, and Photography
- **Spiritual Care:** Belief Fellowship, and Mental Health Lectures
- **Outdoors:** Outings, Shopping, and Buffets
- **Community Interactions:** Home Visits, and Birthday Parties



DINING

- Chinese and western style nutritious meals provided by our experienced chefs
- Customized food based on your current health conditions (less salt, vegetarian, shredded food and etc.)
- Homemade soup and porridge
- Gifts for holidays
- Buffet outings twice a month



TRANSPORTATION

- Daily roundtrip from your home to our center
- Medical appointments
- Grocery shopping twice a week
- Retail shopping every Saturday
- Field trips such as viewing cherry blossoms and autumn leaves
- Embassy visits for Passport and Visa service
- Social Security Office visits



SOCIAL WORK

- **Psychosocial Health Assessment**
 - Psychosocial and cognitive function status examination from our licensed social workers
 - Crisis Intervention
- **Counseling Service**
 - One-on-one
 - Group Therapy
 - Professional Psychiatrists Referral
- **Social Benefits & Resources Application**
 - Latest news of social benefits and resources
 - Form translating and filling for needed social benefits
- **Independent Living Support**
 - Application for free cell phones
 - Letter translation service
 - Follow-up after discharge



CCACC ADHC SERVICE BROCHURE

APPLY TO REGULAR MEMBERS

CALL: 301-820-7167



CAREGIVERS



- Get on and off vehicles assistance
- Food and snacks distribution
- Eating and drinking assistance
- Personal cleaning assistance such as going to the bathroom, taking baths, and changing diapers

OTHER SERVICES

- Free Haircut
- Massage Chairs
- Nail Cutting (Self-pay or Medicaid reimbursement)
- Physical Therapy (Self-pay or Medicaid reimbursement)
- Acupuncture Therapy (Self-pay or Medicaid reimbursement)





ADMISSION

- Services and Missions Introduction
- On-site Visit Arrangement
- Medical Daycare Waiver Application
- Preparation of the annual reassessment of Medicaid Eligibility
- Preparation of the appeal process (after the denial by the government)





HEALTHCARE

Physical Condition Assessment

(Care plan)



- Regular physical condition assessments
- Care plan creation and submission based on assessments
- Communication with members and families regarding physical and mental conditions and needs
- Emergency aid assistance

Medical Appointments



- Medical appointment arrangement with professional physicians and labs
- Mandarin/Cantonese translation service



Medication Instructions

- Collaboration with pharmacies to ensure members receiving needed medications on time

Healthy Diet Design

Medical Supplies Ordering





活動規劃

- 保健運動：太極拳、元極舞、保健操、保健瑜珈
- 文娛活動：舞蹈、唱歌、地方戲曲、才藝表演
- 益智學堂：電腦班、英文班、動感音樂、手工藝班、書畫班、攝影班
- 關懷互助：信仰團契、粵語小組、健康講座、慶生會
- 戶外活動：郊遊、買菜、購物
- 社區互動：公寓探訪、社區中心互動



膳食服務



- 嶄新、最具規模的廚房，提供精心烹飪的中西式養生餐點，葷素健康搭配
- 按身體狀訂製符合您的食物（全素、無鹽、食物打碎等）
- 每日自煲靚湯和健康養生粥
- 節日禮品
- 每月兩次自助餐



交通服務

- 每日往返接送住家與中心
- 送診服務
- 每週2次買菜接送服務
- 每週六商店購物
- 每年3至4次踏青賞花出遊接送服務
- 簽證與護照辦理接送服務
- 社安局相關業務辦理接送服務



社工服務

- 心理評估：通過談話的方式，評估會員們的社會心理及認知功能狀況，傾聽其內心需求和期待
- 心理輔導：一對一、茶話會、推薦尋求專業精神科醫生的幫助
- 申請社會福利與資源：協助翻譯並填寫申請表格、準備相關文件
- 生活協助：免費手機申請、蒙郡休閒運動福利資格申請、協助翻譯信件



歡樂日間保健中心 服務項目手冊

適用於一般會員

聯繫電話：301-820-7167



大堂服務



- 接送會員安全上下車
- 分發食物、點心等
- 協助有需要的會員進餐
- 協助有困難的會員去洗手間、換尿布、洗澡等

其他服務

- 免費剪頭髮
- 按摩椅
- 剪指甲（自費/白卡報銷）
- 物理治療（自費/白卡報銷）
- 針灸（自費/白卡報銷）



入會申請服務

- 介紹中心服務項目及宗旨
- 安排參訪中心
- 幫助符合資格的會員申請免費加入中心：深入訪談、協助填寫申請表、與政府部門溝通及幫助準備面試等
- 幫助會員通過每年的資格重新審核
- 當申請被州政府拒絕之後，幫助準備上訴以及後續應對之道



保健護理照護

評估身體情況並製訂照護計劃
(Care plan)

- 定期追蹤及評估您的身體狀況
- 製訂并嚴格執行照護計劃
- 定期向政府提供詳細的照護計劃
- 您或家屬可隨時向護理組聯絡；若病情緊急，護理組亦可協助安排緊急送診，或者呼叫911援助

預約看診



- 執照護士與您、家人和醫生及時溝通，並根據專業判斷安排與醫生看診
- 安排雙語義工，提供必要的翻譯服務



用藥指導

- 和專業藥房合作確保您及時領取藥物

設計健康膳食

專業協助申請和訂購醫療器械用品

