

2024 April Activity Calendar

04/01/24 Monday		04/02/24 Tuesday		04/03/24 Wednesday		04/04/24 Thursday		04/05/24 Friday		04/06/24 Saturday																																											
		9:45-10:15 Tai Chi	9:45-10:15 Tai Chi	9:45-10:15 Tai Chi	9:30-10:30 Traditional opera	9:45-11:00 Grocery Shopping	10:00-11:00 TV Show																																														
		9:45-11:00 Nylon DIY	10:00-11:00 Chinese Painting	9:45-10:15 Folk Song	9:45-10:15 Tai Chi	10:00-11:00 TV Show	10:10-11:00 Bingo																																														
		9:35-9:55 Exercise	10:00-11:00 Humns	9:35-9:55 Exercise	9:45-11:00 EnglishClass/grocery shopping	10:00-11:00 Fabric Collge	10:00-11:45 games/coloring																																														
		10:00-11:00 Painting	10:30-11:15 National Dance	10:00-11:00 Peking Opera	9:30-10:00 Armchair Exercise	10:10-11:00 Bingo	Karaoke																																														
		10:00-11:00 Peking Opera	10:40-11:30 Female Chorus	10:00-11:00 Painting	10:00-11:00 Traditional Dance/Fabric Collge	11:00-11:45 games/coloring																																															
		10:00-11:00 Bible Story	10:45-11:15 Entertainment	10:45-11:15 Recitation class	10:00-11:00 Cantonese Group	Karaoke																																															
		10:30-11:30 Yoga		10:30-11:30 Yoga	10:00-11:00 groovy movement																																																
04/07/24 Sunday		04/08/24 Monday		04/09/24 Tuesday		04/10/24 Wednesday		04/11/24 Thursday		04/12/24 Friday																																											
9:45-11:00 Churching		9:45-10:15 Tai Chi	9:45-10:15 Tai Chi	9:45-10:15 Tai Chi	9:30-10:30 Traditional opera	9:45-11:00 Grocery Shopping	10:00-11:00 TV Show																																														
10:00-11:00 TV Show		9:45-11:00 Nylon DIY	10:00-11:00 Chinese Painting	9:45-10:15 Folk Song	9:45-10:15 Tai Chi	10:00-11:00 TV Show	9:45-11:00 Shopping																																														
10:10-11:00 Bingo		9:35-9:55 Exercise	10:00-11:00 Humns	9:35-9:55 Exercise	9:45-11:00 EnglishClass/grocery shopping	10:00-11:00 Fabric Collge	10:10-11:00 Bingo																																														
11:00-11:45 games/coloring		10:00-11:00 Painting	10:30-11:15 National Dance	10:00-11:00 Peking Opera	9:30-10:00 Armchair Exercise	10:10-11:00 Bingo	10:00-11:45 games/coloring																																														
Karaoke		10:00-11:00 Peking Opera	10:40-11:30 Female Chorus	10:00-11:00 Painting	10:00-11:00 Traditional Dance/Fabric Collge	11:00-11:45 games/coloring	Karaoke																																														
		10:00-11:00 Bible Story	10:45-11:15 Entertainment	10:45-11:15 Recitation class	10:00-11:00 groovy movement																																																
		10:30-11:30 Yoga		10:30-11:30 Yoga																																																	
04/14/24 Sunday	04/15/24 Monday		04/16/24 Tuesday		04/17/24 Wednesday		04/18/24 Thursday		04/19/24 Friday		04/20/24 Saturday																																										
9:45-11:00 Churching	9:45-10:15 Tai Chi		9:45-10:15 Tai Chi		9:45-10:15 Tai Chi		9:30-10:30 Traditional opera		9:45-11:00 Grocery Shopping		10:00-11:00 TV Show																																										
10:00-11:00 TV Show	9:45-11:00 Nylon DIY		10:00-11:00 Chinese Painting		9:45-10:15 Folk Song		9:45-10:15 Tai Chi		10:00-11:00 TV Show		10:10-11:00 Bingo																																										
10:10-11:00 Bingo	9:35-9:55 Exercise		10:00-11:00 Humns		9:35-9:55 Exercise		9:45-11:00 EnglishClass/grocery shopping		10:00-11:00 Fabric Collge		10:00-11:45 games/coloring																																										
11:00-11:45 games/coloring	10:00-11:00 Painting		10:30-11:15 National Dance		10:00-11:00 Peking Opera		9:30-10:00 Armchair Exercise		10:10-11:00 Bingo		Karaoke																																										
Karaoke	10:00-11:00 Peking Opera		10:40-11:30 Female Chorus		10:00-11:00 Painting		10:00-11:00 Traditional Dance/Fabric Collge		11:00-11:45 games/coloring																																												
	10:00-11:00 Bible Story		10:45-11:15 Entertainment		10:45-11:15 Recitation class		10:00-11:00 Cantonese Group		Karaoke																																												
	10:30-11:30 Yoga				10:30-11:30 Yoga		10:00-11:00 groovy movement																																														
04/21/24 Sunday	04/22/24 Monday		04/23/24 Tuesday		04/24/24 Wednesday		04/25/24 Thursday		04/26/24 Friday		04/27/24 Saturday																																										
9:45-11:00 Churching	9:45-10:15 Tai Chi		9:45-10:15 Tai Chi		9:45-10:15 Tai Chi		9:30-10:30 Traditional opera		9:45-11:00 Grocery Shopping		10:00-11:00 TV Show																																										
10:00-11:00 TV Show	9:45-11:00 Nylon DIY		10:00-11:00 Chinese Painting		9:45-10:15 Folk Song		9:45-10:15 Tai Chi		10:00-11:00 TV Show		9:45-11:00 Shopping																																										
10:10-11:00 Bingo	9:35-9:55 Exercise		10:00-11:00 Humns		9:35-9:55 Exercise		9:45-11:00 EnglishClass/grocery shopping		10:00-11:00 Fabric Collge		10:10-11:00 Bingo																																										
11:00-11:45 games/coloring	10:00-11:00 Painting		10:30-11:15 National Dance		10:00-11:00 Peking Opera		9:30-10:00 Armchair Exercise		10:10-11:00 Bingo		10:00-11:45 games/coloring																																										
Karaoke	10:00-11:00 Peking Opera		10:40-11:30 Female Chorus		10:00-11:00 Painting		10:00-11:00 Traditional Dance/Fabric Collge		11:00-11:45 games/coloring		Karaoke																																										
	10:00-11:00 Bible Story		10:45-11:15 Entertainment		10:45-11:15 Recitation class		10:00-11:00 groovy movement		Karaoke																																												
	10:30-11:30 Yoga				10:30-11:30 Yoga																																																
04/28/31/24 Sunday	04/29/24 Monday		04/30/24 Tuesday																																																		
9:45-11:00 Churching	9:45-10:15 Tai Chi		9:45-10:15 Tai Chi		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td colspan="2">Activity Structure</td> <td>Hair cut</td> <td>4/3/24</td> <td colspan="3">Daily regular activity</td> </tr> <tr> <td>09:00 - 09:30</td> <td>Breakfast</td> <td></td> <td>4/17/24</td> <td colspan="3">08:00 - 09:00 Morning Exercise</td> </tr> <tr> <td>09:30-11:30</td> <td>Activities</td> <td></td> <td>4/24/24</td> <td colspan="3">9:30-10:30 Exercise</td> </tr> <tr> <td>11:30 - 12:00</td> <td>Rest /Lunch</td> <td>Birthday</td> <td>4/9/24</td> <td colspan="3">9:30-10:00 Sudoku(Tue,Fri)</td> </tr> <tr> <td>12:30 - 01:00</td> <td>Board Games</td> <td></td> <td></td> <td colspan="3">special activity</td> </tr> <tr> <td></td> <td>Departure</td> <td></td> <td></td> <td>4/2/24</td> <td colspan="2">good voice in ADHC</td> </tr> </table>							Activity Structure		Hair cut	4/3/24	Daily regular activity			09:00 - 09:30	Breakfast		4/17/24	08:00 - 09:00 Morning Exercise			09:30-11:30	Activities		4/24/24	9:30-10:30 Exercise			11:30 - 12:00	Rest /Lunch	Birthday	4/9/24	9:30-10:00 Sudoku(Tue,Fri)			12:30 - 01:00	Board Games			special activity				Departure			4/2/24	good voice in ADHC	
Activity Structure		Hair cut	4/3/24	Daily regular activity																																																	
09:00 - 09:30	Breakfast		4/17/24	08:00 - 09:00 Morning Exercise																																																	
09:30-11:30	Activities		4/24/24	9:30-10:30 Exercise																																																	
11:30 - 12:00	Rest /Lunch	Birthday	4/9/24	9:30-10:00 Sudoku(Tue,Fri)																																																	
12:30 - 01:00	Board Games			special activity																																																	
	Departure			4/2/24	good voice in ADHC																																																
10:00-11:00 TV Show	9:45-11:00 Nylon DIY		10:00-11:00 Chinese Painting																																																		
10:10-11:00 Bingo	9:35-9:55 Exercise		10:00-11:00 Humns																																																		
11:00-11:45 games/coloring	10:00-11:00 Painting		10:30-11:15 National Dance																																																		
Karaoke	10:00-11:00 Peking Opera		10:40-11:30 Female Chorus																																																		
	10:00-11:00 Bible Story		10:45-11:15 Entertainment																																																		
	10:30-11:30 Yoga																																																				